



This year from April 13th to May 12th we highlight the Muslim celebration of Ramadan. Ramadan is a month long observation of fasting, prayer, community and self-reflection. The first day of Ramadan coincides with the sighting of the crescent moon and ends with the next sighting of the crescent moon.

The act of fasting is required during this time for all Muslim adults who are not chronically ill, elderly, breastfeeding, pregnant or menstruating. At predawn, observers will begin their day with a meal called the suhoor and the Fajr (morning prayer) is offered. At night observers break their fast with a feast called iftar. Iftar is traditionally opened by eating dates, then the Maghrib prayer is offered and the feast is enjoyed.

For Muslims, Ramadan is a time for reflection, devotion and self-improvement. For observers, fasting is a demonstration of self-discipline, sacrifice, patience and self-control which cleanses the soul and instills a sense of compassion for those who are less fortunate. During Ramadan compulsory charity called zakat is also practiced.

After a month-Muslims celebrate Eid-ul-Fitr to mark the end of fasting. Eid-ul-Fitr brings family and friends together to feast and exchange gifts. Eid-ul-Fitr is celebrated on May 13 of 2021.

Ramadan Kareem and Eid Mubarak to those that celebrate!